



2020

February

Healthy For Life

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						PRICES: FREE		BAGGED LUNCHES 10th- Stf.Pretzel w/Cheese Fresh Apple, SunChips, Choice of Milk 11th-Stf.Pretzel w/Cheese, Fresh Apple, SunChips, Choice of Milk	
3 Meatball Sub Chick.Nuggets w/WG Brd. Ham,Turk.Cheese Wrap Baked Tater Tots Seasoned Peas Fresh Tomato Wedges Fresh Fruit or Applesauce	4 Act 80 Day No School	5 Mozz.Sticks w/Marinara Chicken Nuggets w/WG Brd. Chick.Caesar Sal.w/WG Crkrs. Vegetarian Beans Steamed Carrots Fresh Celery Sticks Diced Peaches or Fresh Fruit	6 French Tst.Sticks w/Saus. Hamburger on a Bun Chick.Caesar Sal.w/WG Crkrs Baked Tater Tots Fresh Broccoli Mixed Fruit Cup or Juice	7 Hot Dog on a Bun Pepperoni Pizza Ham & Ch.Sandwich Baked Fries Seas.Green Beans Sliced Red Pepper Diced Pears or Fresh Fruit	More Info... Offered Daily Fresh Fruit Or Juice Fresh Vegetables 1% Milk Skim Milk Chocolate Skim Milk All Breads, Rolls, Pasta and Pizza Dough is Whole Grain Students must pick at least one serving of fruit or vegetable with their meal In accordance with Federal law and US Dept of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.				
10 PARENT CONFERENCES Early Dismissal Breakfast Available Bag Lunch Available Order Accordingly	11 PARENT CONFERENCES Early Dismissal Breakfast Available Bag Lunch Available Order Accordingly	12 Fish Sticks w/WG Bread Chicken Nuggets w/WG Brd. Turk. & Cheese Sandwich Baked Tater Tots Sweet Peas Garden Salad Pear Slices or Fresh Fruit	13 Philly Cheesesteak Chick.Nuggets w/WG Brd. Brd.Buffalo Chicken Salad w/WG Crackers Baked Fries Mixed Vegetables Fresh Celery Sticks Applesauce or Fruit Juice	14 Hot Dog on a Bun Cheese Pizza Ham & Cheese Wrap Baked Tater Tots Green Beans Baby Carrots Mixed Fruit Cup or Fr.Fruit Happy Valentine's Day					
17 President's Day	18 Cheeseburger on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Baked Fries Mixed Vegetables Garden Salad Diced Peaches or Fruit Juice	19 BBQ Pork Sandwich Chicken Nuggets w/WG Brd. Ranch Chick.Sal w/WG Crkrs Baked Tater Tots Steamed Carrots Fresh Broccoli Applesauce or Fresh Fruit	20 Nacho Platter Hot Dog on a Bun All Amer.Chef Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Garden Salad Fresh Fruit or Juice	21 Chicken Patty Sandwich Pepperoni Pizza Ham & Ch.Sandwich Baked Tater Tots Golden Corn Garden Salad Diced Pears or Juice					
24 Chicken Patty Sandwich Hot Dog on a Bun Ham & Cheese Sandwich Baked Tater Tots Sweet Peas Fresh Tomato Wedges Mixed Fruit Cup or Fr.Fruit	25 French Tst.Sticks w/Sausage BBQ Rib Sandwich. Chick.Caesar Sal.w/WG Crackers Baked Tater Tots Fresh Cucumber Slices Applesauce or Juice	26 Macaroni & Cheese Chick. Nuggets w/WG Brd. Ham & Cheese Wrap Vegetarian Baked Beans Glazed Carrots Fresh Celery Sticks Diced Pears or Fresh Fruit	27 Grilled Cheese on Pretzel Roll Chick.Nuggets w/WG Bread Ham & Cheese Sandwich Baked Tater Tots Mixed Vegetables Fresh Celery Sticks Fresh Fruit or Juice	28 Chicken Patty Sandwich Cheese Pizza Turkey & Cheese Wrap Baked Tater Tots Green Beans Fresh Baby Carrots Diced Peaches or Fresh Fruit					